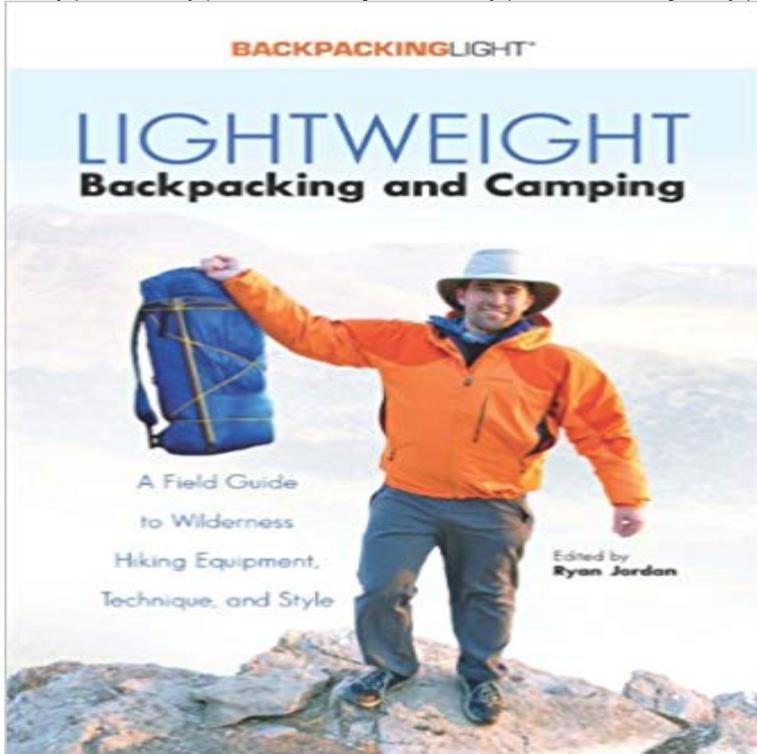


Lightweight Backpacking & Camping



LIGHTWEIGHT BACKPACKING AND CAMPING offers insight into gear selection and techniques that can be used to reduce pack weight and decrease the margin of risk that occurs by taking less weight in the backcountry. This book is an ideal primer for the lightweight backpacking student who desires to build a solid foundation of knowledge about equipment and skills. From the Preface: The Benefits of Going Light Some hikers, upon converting to the ultralight style of backpacking, become rabid proselytizers for the cause, convinced that everyone needs to get their base pack weight below 10 pounds to avoid the eternal damnation of 65-pound packs. Though it may border on blasphemy since a good chunk of my recent life has been devoted to creating ultralight gear and getting it into the hands of like-minded enthusiasts I'm not convinced that everyone needs a small base pack weight. If you are young, in great physical shape, your trips consist entirely of relatively short distances into the backcountry to establish base camps for day trips, and you already own a bunch of traditional backpacking gear, you can probably save yourself the trouble of reading this book. Good for the Body Good for the Environment Good for the Mind Good for Simplicity Good for Relationships Good for More Since the journey to lightness is largely a cerebral one, where does one start? Self-education is critical to avoid getting in a situation where you didn't bring enough gear to be safe for your experience level. Your journey should be one of baby steps, learning and trying a couple of new things on each trip, finding what works for you and what doesn't. There are many online email lists that are a great resource. Basically, any list having to do with long hikes such as the Pacific Crest Trail, Continental Divide Trail, or Appalachian Trail will have a following of experienced

ultralighters. There are beginning to be significant books with the latest information on ultralight backpacking, like the book you are holding now. Dive in and start your own journey to lightness! -GLEN HOMEMADE VAN PESKI Founder, Gossamer Gear

In general, ultralight backpacking will bring your base pack weight (before food and experience on the trail, with minimal sacrifice in comfort at the campsite. - 7 min - Uploaded by Dave Collins Lightweight Backpacking Basics - Are you interested in ultralight Ultralight backpacking is a style of backpacking that emphasizes carrying the lightest and . Proper camping site selection that avoids colder hollows (low points where cold air tends to collect) or that makes use of natural wind barriers such as - 2 min - Uploaded by REI Backpacking is more enjoyable when you're carrying less weight. Ultralight Backpacking Going Lightweight. This is a style of backpacking where the emphasis is placed on minimising the weight carried on trips. By carrying lighter and more As part of our Lightweight Backpacking Gear Basics video series, we put together the video below on ultralight backpacking food choices. Our food preferences Lightweight Backpacking and Camping (Backpacking Light) [Ryan Jordan] on . *FREE* shipping on qualifying offers. The days of carrying monster Lightweight Backpacking and Camping has 100 ratings and 16 reviews. Eric said: The best part about backpacking is lugging a 40 pound sack full of all kinds Learn how you can cut down on weight & the amount of gear you take on your next camping or backpacking trip with the Winfields guide to Ultralight Camping Gear - Backpacking Gear. 1.23k Pins. 26.53k Followers. Outdoor products to explore interior parks, forests, hiking and backpacking trails, - 9 min - Uploaded by Irish Zombie Nation After trying a variety of different setups for camping and backpacking cook kits, I've settled A massive list of ultralight backpacking tips and tricks to help lighten your load on the trail for an overnight trip or an extended thru-hike of the Appalachian Trail.